



School Health Advisory Council Meeting

January 10, 2017

4:15 p.m.

Members Present:

Isabel Alaniz
Cindy Barrera
Johnathan Bodden
Julie Breedlove
Edith Carreto
Brian Chavez
Robyn Dunkin
Rhonda Ferrone
Rita Garcia
Ana Gonzalez
Melissa Gonzalez
Ana Holland
Tracey Kriegbaum
Michelle Lopez

Abbie Mahan
Brenda Martinez
Estefana Newton
Kristi Plattner
Kirstie Ramirez
Franchesca Sandoval
Dinah Silva
Laura Stathopoulos
Linda Stockwell
Connie Trevino
Mayra Trujillo
Debra Wilson
Jennifer Wroten
Lindsey Zimmerman

Others Present:

Nikkole Horsman

Members Absent:

Adrian Cabrera
Cherie Camacho
Elisheba Casey
Dr. Lisa Garcia
Monica Garza
Henry LeVrier
Audrey Pena
Brandon Perez
Laura Perez
Agustina Reams
Craig Smith

I. Welcome

Mrs. Holland welcomed the School Health Advisory Council (SHAC) members and explained that the meeting would end by 5:15 p.m., as the Special Called Board Meeting was scheduled to begin at 5:30 p.m. at the Board Room.

II. Wellness Plan

An overview of the minutes from the Wellness Committee meeting and previous SHAC meeting were provided, in order to provide an overview of the status of the Wellness Plan. The members then reviewed the decisions that had been recommended by the Wellness committee. Members were then grouped by campuses (elementary campuses worked together) to discuss recommendations and provide group feedback to the council.

Fundraiser Exemptions

The first wellness topic discussed was the fundraiser exceptions. It was noted that each campus was eligible for six exemption days. It was also discussed that utilizing all six days contradicted the work of a wellness plan, as the goal was to provide a healthier environment. It was explained that these exemptions would be revised each school year and that the earliest this could begin this year would be after the February 2017 meeting, as it does require School Board approval and the fundraiser activities required Superintendent approval. Another point made was that the fundraiser exemptions could not conflict with the school meals served. It was also discussed that the fundraiser exemptions could wait until next year, in order to plan accordingly. The members decided to proceed with fundraiser exemptions this school year. Each group presented an overview of their discussions.

The high school shared that they would be discussing the fundraiser exemptions with sponsors and explain that the fundraiser exemptions could begin this spring. Coach Breedlove shared that if the other organizations would not be taking advantage of the fundraiser exemptions, then athletics might be willing

to take advantage of the exemptions. Mrs. Stockwell shared that the boys' soccer team would also be interested in fundraising.

The elementary campuses discussed the following fundraiser exemptions: field days, incentive bazaar (fall and spring), maypole activity, Earth day activities.

The junior high had already submitted their fundraiser to the superintendent for approval for the following fundraiser exemptions: field days, Valentine's Day grams, a Spring Fling concession stand and Mexican Heritage Fiesta Day.

It was discussed that the fundraiser requests for next year should be submitted prior to May 2017, in order to ensure that the updates to the Wellness Plan would be Board approved before the first day of school (2017-2018).

Other Local Guidelines

Birthday Celebrations

Mrs. Holland reviewed the additional local guidelines recommended related to birthday celebration food. She explained that the Wellness Committee had discussed at length the concerns about allergies and the difference between class instructional activities versus birthday celebrations. The final recommendation by the committee was to continue with the requirement that birthday celebration food be store bought.

Celebration Exemptions

Previously, Point Isabel ISD had three celebrations scheduled where Foods of Minimal Nutrition Value could be served: Christmas, Easter and End-of-Year. The committee discussed their recommendation to be added to the Wellness Plan. After group discussions were completed, it was evident that this would be an elementary decision. The elementary campuses decided that in an effort to align with classroom activities, there should be five days for celebrations: Halloween, Christmas, Valentine's Day, Easter and End-of-Year. The members agreed with these celebrations. It was noted that these celebrations could not conflict with the meals served.

Goals and Objectives

An overview of the goals and objectives section was provided. The members agreed that Mrs. Pena-Rodriguez, Point Isabel ISD Food Service Director would draft some suggestions for the council to review and discuss at the next Wellness Plan Committee Meeting on February 6, 2017. Then the drafted plan would be sent to all members for their feedback.

III. Wellness Plan Committee Meeting

Mrs. Holland reminded the group about the meeting scheduled for February 6, 2017 at 4:15 p.m. in the Board Room.

IV. Next Meeting – March 28, 2017

V. Adjournment