



School Health Advisory Council Meeting

Wellness Committee Minutes

December 8, 2016

4:15 p.m.

Members Present:

Cindy Barrera
Julie Breedlove
Adrian Cabrera
Cherie Camacho
Elisheba Casey
Robin Dunkin
Rhonda Ferrone
Melissa Gonzalez
Ana Holland
Tracey Krieghbaum
Brenda Martinez
Audrey Pena

Laura Perez
Kirstie Ramirez
Connie Trevino
Debra Wilson
Lindsey Zimmerman

Yesterday, the Wellness Committee met to work on the district wellness plan.

During the meeting the first five pages of the wellness plan were drafted. Attached is a copy of the drafted plan with recommendations noted in blue.

Decisions about the dissemination about SHAC information were made. During the meeting there was also extensive discussion about the allowable food items for birthday parties and classroom activities. The final recommendation of the committee was for the plan to include that birthday food items be store purchased.

There was also considerable discussion about the six days of fundraiser exceptions, which allows each campus to sell foods outside of the Smart Snacks requirements during the school day for six days. There was discussion about:

- Maintaining the plan as is, without any exceptions to fundraiser selling and utilizing all six days at each campus;
- Concerns about which organizations would be allowed to sell and how equity could be provided;
- Who would be selling these items and when;
- How to avoid conflict with the cafeteria meals provided;
- How this would differ between elementary and secondary campuses;
- Could the days be used on field days and/or festival days at the campus;
- Do the elementary campuses have to have the same fundraisers and dates;
- How to ensure that instructional time is not lost;
- How many groups could sell without conflicting with one another; and
- Reminders about the district requirements to have all school fundraisers approved by the superintendent.

The committee decided that each campus representative would attain feedback from their sponsors and administrators and email it to Mrs. Holland by Wednesday, December 14, 2016.

Attached is a copy of the sample wellness plan utilized to guide discussions.

It was also decided that wellness evaluation tools would be shared at the next SHAC meeting on January 10, 2017.

There are still 14 pages of the wellness plan to work on, so this is just the beginning.

Thank you for your time and dedication. It is greatly appreciated.