



School Health Advisory Council Meeting

November 29, 2016

4:15 p.m.

Members Present:

Isabel Alaniz
Cindy Barrera
Johnathan Bodden
Adrian Cabrera
Cherie Camacho
Edith Carreto
Brian Chavez
Rhonda Ferrone
Rita Garcia
Monica Garza
Ana Gonzalez
Ana Holland
Tracey Kriegbaum
Michelle Lopez
Abbie Mahan
Brenda Martinez
Estefana Newton
Audrey Pena

Brandon Perez
Laura Perez
Kristie Plattner
Franchesca Sandoval
Gabriela Sanchez
Laura Stathopoulos
Connie Trevino
Mayra Trujillo
Debra Wilson
Lindsey Zimmerman

Members Absent:

Julie Breedlove
Elisheba Casey
Dr. Lisa Garcia
Henry LeVrier
Craig Smith

I. Welcome

Mrs. Holland welcomed the School Health Advisory Council (SHAC) members and explained that she would now be serving as the chair for SHAC. Mrs. Holland thanked all of the members for giving of their time and expertise to move the District forward on its endeavors to enhance the wellness of students, staff members and ultimately the community.

II. Introduction of School Health Advisory Council (SHAC)

Mrs. Holland asked the members to introduce themselves by providing their name and the group that they were representing. The members were urged to share the information learned at SHAC meetings with their friends, colleagues and others, in order to ensure that knowledge learned is disseminated and feedback is shared with the council.

III. Responsibilities and Roles

Mrs. Holland shared the roles and responsibilities of SHAC with the members. The members unanimously voted to have Franchesca Sandoval and Brandon Perez serve as the co-chairs for SHAC. Attached is a copy of the power point shared.

IV. SHAC Meeting Dates

Members reviewed the listing of SHAC meeting dates provided and were assured that the meetings would last an hour in length. Mrs. Holland also shared that the meetings would involve brief presentations and collaborative group work. The goal is to delve deeply into topics through open dialogues about wellness.

V. 2015-2016 SHAC End of Year Review

Mrs. Holland provided an overview of the projects that the 2015-2016 SHAC members had spear-headed the previous school year, which included: the diabetes screening available to all students, the results of the Tarpon Challenge for employees, an overview of CATCH Champion results, overview of the nutrition courses provided, the E-Cigarette Prevention Program grant implemented at the junior high and the status of the revisions to the Wellness Policy. Attached is a copy of the information shared.

Upcoming events for this school year were shared, such as: the diabetes screening scheduled for January at each campus, the collaborative efforts with USDA to provide food and nutrition education to Mrs. Kindervater's class and the CATCH Champion presentations scheduled for the next SHAC meeting.

VI. Wellness Committee

The Wellness Committee was scheduled to meet on December 7, 2016 at 4:15 p.m., however, due to unforeseen circumstances the meeting was rescheduled for Thursday, December 8, 2016 at 4:15 p.m.

The following SHAC members signed up to serve on the committee:

Cindy Barrera
Cherie Camacho
Edith Carreto
Elisheba Casey
Brian Chavez
Rita Garcia
Brenda Martinez
Audrey Pena
Connie Trevino
Lindsey Zimmerman

A brief review of the Wellness Policy format and components was provided before having members work in their groups to provide feedback about areas to address in the revisions of the Wellness Policy. Attached are the ideas submitted by the groups. This listing will be utilized during the committee meeting scheduled for December 8, 2016. Also, attached are the other wellness documents shared at the meeting.

VII. Next Meeting: January 10, 2017

VIII. Adjournment