

A green chalkboard with two pieces of pink chalk and faint white chalk markings. The chalkboard is the background for the text. The chalk is positioned on the left side of the board. There are some faint white chalk markings on the board, including a large 'A' and some other shapes.

What is Bullying and How Can Teachers Help Stop Bullying Behaviors

By Sandra Rodriguez

PI-ISD Anti-Bullying Plan

- **Objective 1: Ensure that all staff members are provided informative sessions on the District's behavior policies including the definition of bullying.**
- **Objective 2: Ensure that all parents are provided with informative sessions on the District's behavior policies including the definition of bullying.**



PI-ISD Anti-Bullying Plan

- **Objective 3: Ensure that all students are provided with informative sessions on the District's behavior policies including the definition of bullying.**
- **Objective 4: Ensure that all incidents of bullying are reported; investigated and appropriate discipline measures are taken as per board policy FFI legal and local.**

What is bullying?

- **Bullying is aggressive behavior that**
- **Is intended to cause stress and/or harm.**
- **Exists where there is an imbalance of power.**
- **Is repeated overtime.**



A decorative vertical strip on the left side of the slide, featuring a chalkboard texture. It includes two pieces of pink chalk, one standing upright and one lying horizontally, and a white chalk arrow pointing upwards.

Bullying Defined: FFI legal

“Bullying” means engaging in written or verbal expression, expression through electronic means, or physical conduct that occurs on school property, at a school-sponsored or school-related activity, or in a vehicle operated by the District and that:

- 1. Has the effect or will have the effect of physically harming a student, damaging a student’s property, or placing a student in reasonable fear of harm to the student’s person or of damage to the student’s property; or*
- 2. Is sufficiently severe, persistent, and pervasive enough that the action or threat creates an intimidating, threatening, or abusive educational environment for a student.*

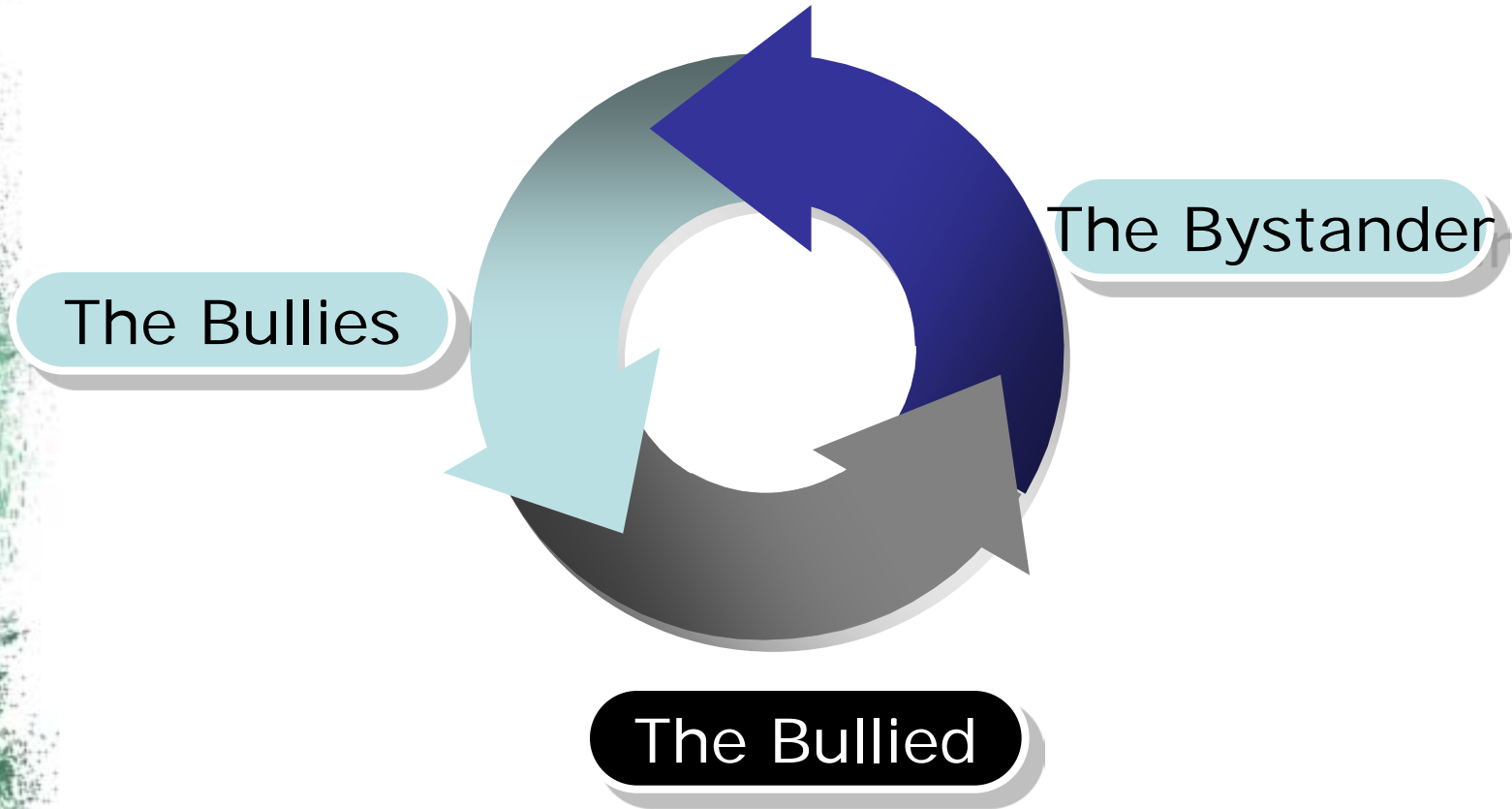
Bullying Defined: FFI legal continued

This conduct is considered bullying if it:

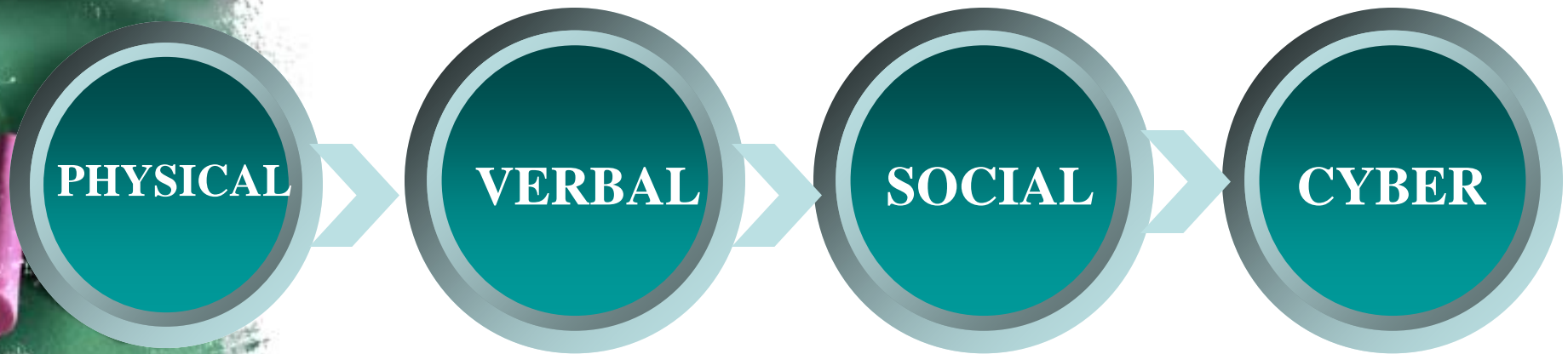
- Exploits an imbalance of power between the student perpetrator and the student victim through written or verbal expression or physical conduct; and
- Interferes with a student's education or substantially disrupts the operation of a school.



The Cycle of Violence



Types of Bullying



Physical Bullying

Hitting

Shoving

Destroying
Personal
Belongings

Threats
to
Hurt

Verbal Bullying

Insults

Teasing

Name-
Calling

Sexual
remarks

Social Bullying

**Spreading
Lies**

**Getting
others to
make someone
feel rejected**

**Getting others
to refuse
to speak to
someone**

**Getting others
to exclude
someone**

Cyber Bullying

Creating websites, videos or social media profiles that embarrass, humiliate, or make fun of others

Sending hurtful, rude, or mean text messages to others

Spreading rumors or lies about others by e-mail or on social networks

**Shared & be shared to a very wide audience;
Sent anonymously**

Think RIP

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graph LR; A((Repeated Behavior)) --> B((Intentional Behavior)); B --> C((Power-Driven Behavior));
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Repeated
Behavior

Intentional
Behavior

Power-Driven
Behavior

What Happens to the Bully?

No child is born a bully;

It is a learned behavior

- If bullies don't learn how to change their behavior, the bullying behavior becomes a habit.
- Bullying often predicts more serious problems. A study found that children who were named by their schoolmates, at age 8, as bullies were often bullies throughout their lives.
- Bullies tend to have more criminal convictions, more alcoholism, more antisocial personality disorders.

How to Help the Bully

Educators, parents, counselors can help stop bullying by:

- *Intervening immediately: restitution, resolution and reconciliation.*
- *Creating opportunities to “do good”*
- *Nurturing Empathy*
- *Teaching respectful and peaceful ways to relate to others.*



Rules & Laws Against Bullying:

- **Chapter 37.001, Discipline Law**
- **School Board Policy FFI Local**
- **Also FFH: Student Welfare, Freedom from Discrimination, Harassment, and Retaliation**
- **Student Code of Conduct**

**Complaint or Document Received
-Begin Investigation within 24
hours**

Interview complainant, accused, and witnesses and notify parents of complainant (if applicable), accused and victim within 24 hours (obtain written, signed statements).

Finding of Bullying: Written Report and keep all evidence and actions taken within 10 days. Provide parent a copy and provide needed supports.


No Finding of Bullying: Written Report within 10 days; keep records of all evidence. Provide parent a copy; monitor and provide any needed supports.

If deemed outside the scope of the school district, contact PI-ISD Police Department for referral to outside law enforcement. Contact Parents



POINT ISABEL ISD COMPLAINT REPORTING FORM

- Name of Person Filing Report:
- Statement Involves Complaint against Whom:
- Please state your specific complaint or complaints.
 - *Describe in detail the events surrounding the complaint against the above-name person(s).*
 - *Include dates, times, locations, persons present, substance of statements, and conversations, etc.*
 - *Please be as factual as possible.*
 - *If you must express an opinion, please make it clear that you are doing so.*
 - *Attach additional pages if necessary, and attach copies of any written documentation that may assist us in resolving this complaint.*

- 
- Date(s) of incident(s):
 - Location(s) of incidents:
 - Description of what happened:
 - Please provide the names of other witnesses if you know them or descriptions if you do not.
 - Please state the individual harm alleged and identify the person(s) alleged to be harmed, if other than you.
- “I affirm that the above statement is the truth to the best of my knowledge.”**
- Printed Name of Person Making Statement
 - Printed Name & Title of Person Receiving Statement



Board Policy FFI Local-Bullying

EMPLOYEE REPORT:

Any District employee who

suspects

or receives notice that a student or group of students has or may have experienced bullying shall immediately notify the principal or designee.



Board Policy FFH Local: Harassment

The District prohibits discrimination, including harassment, against any student on the basis of race, color, religion, gender, national origin, disability, or any other basis prohibited by law. The District prohibits dating violence, as defined by this policy. Retaliation against anyone involved in the complaint process is a violation of District policy and is prohibited.



Gender-based harassment:

- Gender-based harassment includes physical, verbal, or nonverbal conduct based on the student's gender, the student's expression of characteristics perceived as stereotypical for the student's gender, or the student's failure to conform to stereotypical notions of masculinity or femininity.
- For purposes of this policy, gender-based harassment is considered prohibited harassment if the conduct is so severe, persistent, or pervasive that the conduct:



Gender-based harassment:

- Affects a student's ability to participate in or benefit from an educational program or activity, or creates an intimidating, threatening, hostile, or offensive educational environment;
- Has the purpose or effect of substantially or unreasonably interfering with the student's academic performance; or
- Otherwise adversely affects the student's educational opportunities.



Board Policy FFH Local: Harassment

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Websites

- Don't be a Bully, Be a Star... Show Tolerance and Respect
<http://www.beestaralliance.org/>
- For both the elementary & secondary schools, go to
<http://www.stopbullying.gov/index.html>
- There are some great “webisodes” from the Stop Bullying website for elementary students
at: <http://www.stopbullying.gov/kids/index.html>

